



<https://www.sherwoodcc.org.uk>

OPEN 10 MILE TIME TRIAL

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Saturday, 20th May 2023 at 2.01pm on A10/3 Course

Event Secretary: Roger Widdowson, 27 Morley Road, Thomeywood, NOTTINGHAM. NG3 6LL
Tel: 07966 777 475 E-mail: roger.widdowson@ntlworld.com

Timekeepers: Bill Stanley, Melton Olympic CC
Norman Portess, Melton Olympic CC
Tom Bailey, Coalville Wheelers CC

Event Headquarters: Bingham Rugby Football Club, The Pavillion, Brendon Grove, Bingham NG13 8TN
(open from 1.00pm)

What3Words:- <https://w3w.co/diverting.monopoly.glue>
This is the driveway entrance to the HQ.

Numbers and Signing On – Numbers will be at the Event HQ and can be collected when you sign on.

Please return your number after your ride.

You **MUST** personally sign back in again upon completion of your ride otherwise **YOU WILL** be disqualified!

Parking is available near to the start at Newton on grass verges towards Newton Village (please park considerately) and at the Rugby Club and Field and along the public roads throughout Bingham. However, please park with **absolute** consideration for the local residents.

Please be respectful to residents at all time and strictly no changing into your kit in general public view.

CHARITABLE REQUEST

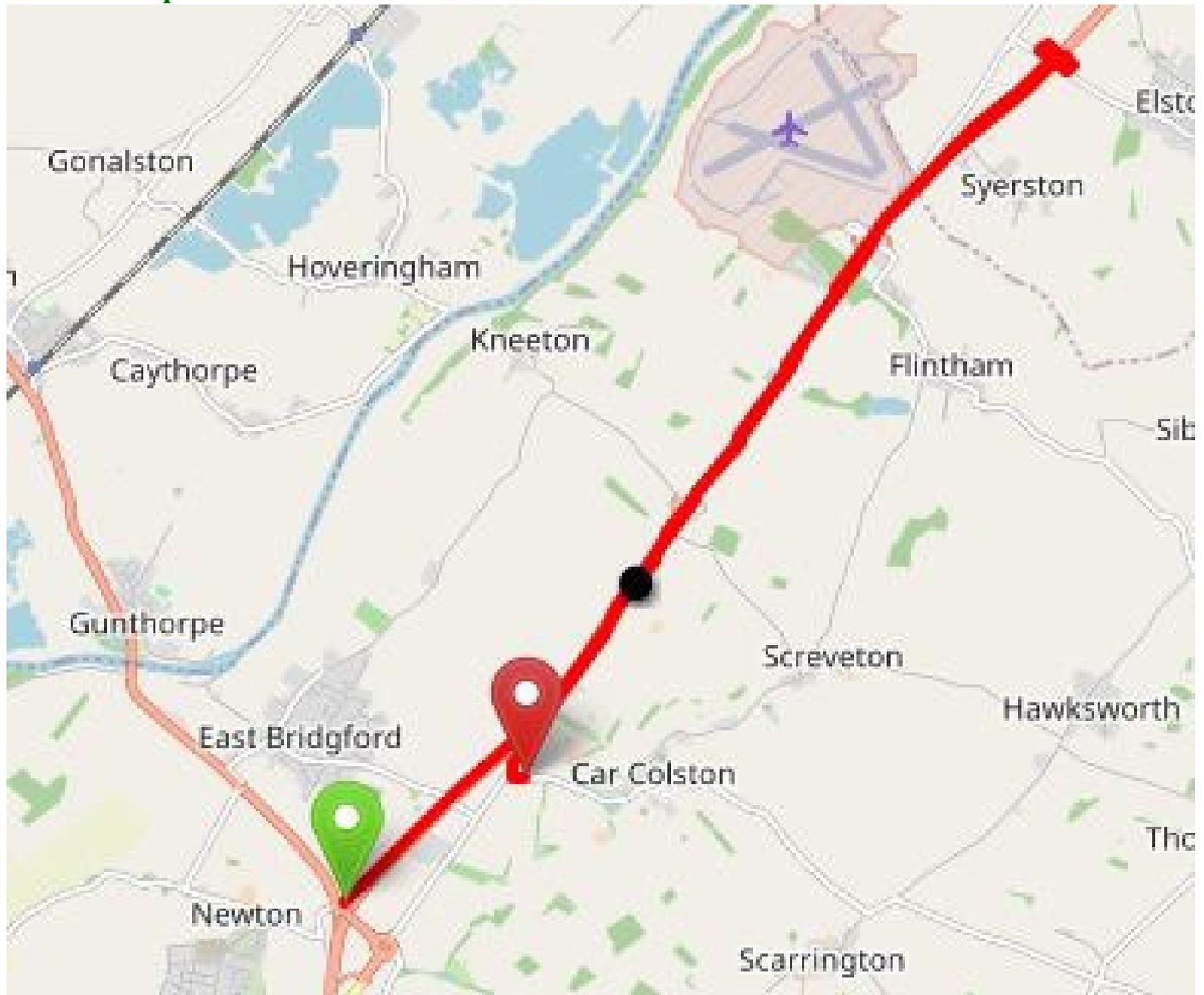
Due to an unfortunate human error in transcription by others, the requisite event fee of £14 was not charged. As such, I am inviting riders, should they wish to, to put £4 in the charity box which will be under the care of the Kitchen staff. Money raised will be donated to Prostate Cancer UK. The charity chosen by Steve Littlewood's wife and daughters from last year's Charity Event was Brake – The Road Safety Charity.

A small charge will be made for tea / coffee / food / snacks. This will be go towards the cost of providing said provisions and also any surplus will be used to pay the Kitchen staff.

Also, due to the transcription error and a challenge by a time triallist at one of my previous events regarding awards, there will be no prizes awarded at this event. If you are not prepared to organise, don't moan or you will lose the event. I give my time up for you not for the CTT or anyone else. I certainly don't run events because I have nothing better to do with my time! Also, had one complaint from a rider who had ridden the course before and still went wrong at the turn. That rider is now banned from my events!

Instructions

Course Map



Course Details

Start at grid reference SK697419 ten yards north of 'Clearway' sign on A6097 inside the white line marking edge of slip road onto A46 northbound. Start level with drop down kerb, back wheel up against kerb edge which is 90 degrees to the carriageway. (Riders can taper onto the slip road as traffic allows/dictates) Join the A46, proceed north until Elston /Thorpe junction. Follow junction sweeping left to turn left at T junction, cross over the A46, take first left and sweep left to re-join A46 southbound. Continue on A46 until East Bridgford/Car Colston junction. Left onto off slip road. Continue to small roundabout, turn left onto unclassified road towards Car Colston to finish at large signboard. Grid reference SK720428. 10.02 miles. NOTE: The sign shows no information when approaching from direction of travel. The reverse side viewed from the east informs of the roundabout.

Notes

You MUST wear a HARD SHELL HELMET that meets the standards set out in Regulation 15 of the CTT Regulations. You must have working front and rear lights, either flashing or constant, fitted to the machine and active whilst the machine is in use in accordance with Regulation 14 of the CTT Regulations.

Please allow at least 10 minutes from the HQ to the start. The start is north-east of Bingham at <https://w3w.co/recently.fulfilled.classic>

Please do not warm up on the course after the event has started.

Marshals are instructed to report dangerous riding so keep your head up and be considerate of other road users.

After passing the finish timekeeper, riders should continue along Tenmans Lane and perform a U-turn out of a sight of the timekeeper and ride back to the Event HQ. At the last roundabout you negotiated just prior to the finish line, you turn left to make your way back to the HQ. Take a look at the map in the HQ on the day!

Remember, you are required to return to the HQ to sign back in again after finishing your ride.

Notes

Riders must should note the following, and adhere to all CTT Rules and Regulations

- Be mindful of other peoples' possible perceptions and views of cyclists. Set a good example.
- Do not get changed on the public roads around the Race HQ
- There is ample off-road parking at the Race HQ
- Please park with consideration for other competitors
- Confirmed results will appear on the CTT website as soon as possible after the event
- If you are feeling unwell or suspect that you may have COVID you **MUST NOT** attend the event
- Turbos/Rollers may be used in the car park to warm-up
- No warm up on the course in the Start/Finish areas wearing their number after event has started.
- Riders must not impede other Starters or Finishers
- The Starting Assistant will check each rider to ensure they have working lights visible to other road users approaching from the rear (No Lights? No Ride!)
- The Starting Assistant will also check that a rider's name corresponds to the rider's number on the Start Sheet
- There may be a "pusher-off" and, if so, you will be given the option as to whether you want pushing off.